

Aud: And they think you are performing a supernatural thing.

Yada: This is right. This is called supernatural. Not only can I project, but I do something else that is even more super super. Take the body with me. Do not project. Why project? Take the body with you. You want to go a great distance from here? The beginner learns how to manipulate, not matter, but his mind, in the practice of projecting. Many of them are stuck on that plane, cannot go any further. Where am I going to project, even, say, a psychic self? Where is better than here? What am I going to do, moving around in another dimension? Is it another dimension, or is it not a state of mind, the same as right here, the difference being in concept, or awareness state. Now, what am I going to do? Am I going to become an astral peeping tom? Is that what I want to do with astral projection? Am I going to intrude upon the private life of my fellow man?

Aud: That's what my brother was saying. He said it was just like a new toy, you know. You fool around with it and then you throw it into the corner when you get tired of it.

Yada: Of course, ---if it doesn't break you before then, if it doesn't throw you in the corner before then. You see, it has been my thought that most people that really master psychic projection become better people, morally and ethically. It does that to them. Now there are many people outside of the body, so-called outside, people that have once lived in the physical world, who spend their time snooping on people still in the body, and for no good purpose. These become what is called scandal-mongers or spooks. This is the true spook.

Aud: I've wondered though, if a true spook can't be scared too?

Yada: Oh, aha, They are most likely to be scared. Oh yes! Now, I do not want to project because I see it as a useless thing to do. So I'm going to take all of my body, all of myself. Now first I must know a way of breathing that will loosen the matter, the energy, of which my body is made up of. This is not something the beginning student should know about. But I will talk a little of it. Because I am certain that you cannot use it, not yet. It has a far greater danger than projecting the mental self. Because it needs considerable centering of your mind. You have to know how to use these thoughts, how to center the eyes here, to the root of the nose, and at the same time breathe in this certain way, that will begin to work upon the cellular structure.

Now once you learn this, you can take your body anywhere and reassemble it in a twinkling.

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Aud: Is the electrical shock attending this change rather severe as you start into this?

Yada: Yes. And this is one of the dangers. You can electrocute yourself, or, burn yourself up. You can start an electrical fire that is so hot that once started, it will cremate you or any combustible substance, and nothing can stop it. St

Aud: Is this what happens to those that have been found, who have been cremated and nothing else seems to be affected in the room?

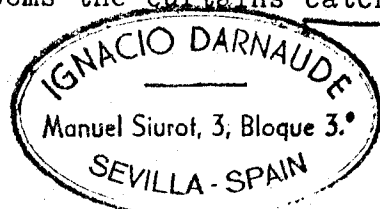
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Yada: Yes, but this is more -----

Aud: This is something different?

Yada: No, this is the same. And this is something that very few metaphysicians know about. It is a fire being. A fire poltergeist. It is not necessarily of a human origin. They are fire beings. Now, there are some peoples that have lived in certain ways on the earth that turned them into fire beings when they passed away or lost the physical body. They cause children to appear to be responsible for fires and the way they do this is to pull off the vital energies of the child, with the imagination of the child helping, not consciously, the child does not know that it is doing this. It is truly using the vital substances of the child. The child is held responsible, and very often the psychiatrist learns about these things. First, of course, the modern psychiatrist would have to see it, because he has little understanding of what is called the paranormal activity of the unconscious mind, or the subconscious mind if you prefer that term.



Aud: These are all solar beings, and all solar activity, wouldn't you say so?

Yada: Now, in ancient times various civilizations of man have been sun ³ worshipers and they all have created fire beings in their ritual practices, calling on the sun and the energies of the sun. Oh yes, they have made living beings out of these energies, intelligences. And they used them in various ways in their occult rituals and things like this. Both the black and the white magician have used these fire beings. Also water beings. Sometimes they are called elementals, without the speaker knowing what is meant by that. We are of the human variety of elementals, when we allow ourselves to act in insane ways, Pardon me, I must withdraw for a moment. (Yada withdraws.)

To pick up on the subject you were discussing on the difference between day and night. A very interesting phenomena takes place in the mind. A change of attitude. Few of us are the same people in the night as we are in the day.

To go back for a moment to the subject of meditation, I want to make a somewhat concrete statement right now about it, and I feel this,-----that in beginning of the students attempts to meditate he should do it solely for the purpose of relaxation and to get away from the external noises that destroy or tend to destroy the nervous system in the world of confusion that he lives in. What is called the business world. Meditation is a therapy that he should practice for his upset nervous system.

Aud: When you stop charging the nervous system by bombardment and get quiet, then you have a chance to recharge.

Yada: That is so. One of the greatest reasons that so many people suffer nervous disorders is that they have not trained themselves to relax, to meditate for relaxation. They have projected themselves so much into the outside of their life and their surroundings that they have no control over their bodies. So the body gets sick.

Aud: Its so old fashioned to relax nowadays. You are offbeat if you do this, if you believe in relaxation. Our society just has gone in the other direction.

Yada: I know this to be true, so I say, you see, to begin with life is not you and me, its me. So I cannot be concerned about what they do, or are not doing. I must be concentrated on me. What I am doing! Now, if nations would adopt this thought and act upon it, each being concerned about what they are doing, I am certain there could be no further war, But it is not that way.

YADA

SPEAKING IN TONGUES

Question: Do you have any comments on the gift of the Holy Spirit of speaking in tongues?

Answer: This gift is spoken of in the Christian Bible. It is an event that took place shortly after Jesus left planet Earth, ascending to the Cosmic Realm. Countless numbers of people came to the area where this Master had been and where His Disciples held meetings and classes. Many who came were from other nations speaking and understanding in a language other than the Aramaic language of the disciples. It was the deepest, most sincere desire of these Disciples and Apostles who were led by Peter, to speak to all these people so that they may understand the teachings of Jesus, therefore they prayed earnestly that they would be able to deliver in understandable ways to each one this message of Love. The Spirit of Truth and Love heard their compassionate pleas and granted a remarkable experience to occur. The Apostles who were speaking the message of the Christ were able to speak in a language different than their accustomed language. For instance one apostle may have spoken Greek so that those from Greece would understand while another apostle spoke so that those from Syria could know the message ... and so forth. It was an amazing happening and brought many to be baptized and converted to the Way and the Truth which Jesus spoke and lived by. This, My Children, was the TRUE gift of 'tongues'.

Bandhu's: SEEDS OF TRUTH. VOLUME 2. (Dictated through Illiana). (New Age Teachings, Brookfield, MA, USA, 1977, 195 pages) DEATH BY FIRE

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Question: Please explain if death by fire is significant?

Answer: Let Us begin by assuring you that whatever manner one chooses to discard the body it is a painless experience. That may seem difficult to believe, yet it is a pure fact. Though there is what appears to be a moment of pain, it soon becomes a feeling of freedom. Therefore do not burden your emotions with feelings of great sadness because of what you think may have been a torturous death. It is not to be denied that prolonged illness and certain burns will cause suffering, but when the soul desires to vacate the body and the being relaxes and no longer fights this transition, the pain will be nonexistent and a quiet change will take place as the soul flees out of its prison.

Fire is consuming, powerful and cleansing. Sadly, and due to certain connotations placed on the element of fire through certain religious bodies, it is feared and thought to be evil. But fire is not evil --- it is a sacred element used to purify, purge and remove evil. Contemplate your use of fire in your day to day existence. You light a fire in the fireplace to add warmth and cheer to your home; you use this element to destroy unwanted trash; you utilize it to heat your food; it is even used to purify and cleanse certain tools and objects that may enter the body in order to protect one against infection; it is used in crematory rites to discard

quickly and neatly a discarded body. Yes, fire is the destroyer of 'evil' and the giver of cleanliness and warmth. Yet We realize that there are times when it appears that fire is destructive. Naturally it is destructive when a home and its contents burn, or when a little child or any being is destroyed through this powerful element. Yet even then this is a purification process. You may not find that easy to accept nor even understand but as your Consciousness becomes more and more aware so will your acceptance of this Truth. Man clings to possessions that are carnal and often it is (only through this purification process that he is able to release himself from such bondage.) And there are the many souls who are aware of their need for a complete and thorough purging and quick freedom from their body so once again the element of fire performs its duty! In some instances it may even erase much karma, though most often it is utilized solely as a purifier and gives opportunity for the soul to vacate quickly the body and go on to other Realms to attend newer schools of learning and experience. You see when a body frees the soul through this medium, that soul (need not wait the usual period of three days,) or seventy-two hours, to be cut off from the body. It vacates immediately and there is no unusual shock in those who are aware of the purpose and need for the purification flame.

On the spiritual level the Purple Flame, the flame of consummation, though invisible to most eyes, is constantly at work purging,

cleansing, and revitalizing the soul of one dwelling in Holy Awareness. This is the Sacred Flame coming direct from the Infinite Realm causing much karma to be consumed. 5

Indeed there is much to understand, and as time moves along each one will become aware as his and her consciousness expands. Live in the Light and permit the Purple Flame to purify your Souls....



YADA

going to do this merely as adventure. It is not a spree. It is a very much needed thing that he does. It will bring much valuable information to man about his physical source, where and when what is called the 'material universe' started. Knowing this, he should know, approximately anyway, when it should end. And knowing when the universe will end, he will have a very fair idea of when his particular planet will become too dangerous to live on any longer.

Now it is certain that Earth-men will be leaving the Earth at some time if, of course, he does not cause some unwanted disaster first, a disaster that will destroy him. But I do not see this. I see man staying here on this Earth until nature's powers destroy the Earth. This will not happen, not as I can see it, in one sudden blast, but it will be a slow process and with excessive heat.

Now, in your Christian Bible it says the world shall be consumed by fire. True, but this is millions of years away yet, unless, and I do not see it happening, unless something takes place with the sun that it blows up and makes what is called a 'nova' of it. This could not only destroy your Earth in one sudden quick fire, but the whole planetary system.

On the Moon you will discover very little life. Some bacterial life, yes. Man himself was once but a germ. Because man came out of heat. Living things were born out of fire; so there is no such thing as perfect sterilization, although you will be able to get better sterilization in outer space than you will be able to get here or on a planet other than your Earth. Your Earth makes it almost impossible. Due to the heavy atmosphere it is almost impossible to have a perfect sterilization, whatever the instrument or thing. Now sometimes this near-perfect sterilization comes, but it cannot last for the moment you bring the instrument out into what you call the 'atmosphere', it almost immediately is contaminated again.

Most of us humans know nothing about the fact that

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that we were born out of fire, I knew it when I lived in my civilization in Yuga. This was taught by the priests of the temples then and this is why we became sun worshippers, because we knew our physical self to be fire. Part of this fire is centered in every body that is capable of reproduction through the sex organs. This is Kundalini. This is the fire-force, or the snake, and it can burn you just as badly and just as quickly if it is misused--especially through the unthinking use of breath you can cremate yourself.

AUDIENCE: Without the water in the body it crumbles into dust.

Yes, and more than this, the more the body is reduced of water, the fatty substance accumulates which is a combustible right there.

AUDIENCE: The body is over 90 percent water so there must be a tremendous fire-force in it if it takes that percentage of water to keep it from burning up.

Of course. Without this balance of water the body could not stay alive. It would be consumed.

AUDIENCE: The same thing pertains to our Earth; it is more water than land.

In order for the human race to advance in an intellectual manner, the conditioning of new beings coming into your world or the returning of old ones, the whole system will have to be changed. In order for man to go anywhere he has to be conditioned away from fear.

In your Bible it says, "...and the meek shall inherit the Earth..." meaning the fearful ones; these will not go off the Earth, they will have the Earth. The fearful will always war because their fear produces distrust and distrust produces hate.

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there are forces of which the lay individual is not aware that move things. Not wind, but natural forces that displace things, puts them in different places than they were in before. There is much in your world written about the strangeness of certain kinds of fish falling in certain cases. Now is the wind some kind of intelligence that makes a choice as to what kind of fish, taking only a very specific kind of fish? This is foolish!

- AUDIENCE: Do you remember when we had the surge of water hoses disappearing down into the ground, and they could not pull them back out even by attaching an automobile and pulling on them?

Sometimes these forces, and I say this to you in all sincerity, sometimes these forces are of a poltergeistic nature, playful but with no real desire, no purpose back of what they are doing except to amuse themselves. They are of a kind of child-like nature, the forces that may be called 'elementals'.

AUDIENCE: Could this have been what happened in the case of the hose?

SHC

Yes, and many fires in the great forests are started in this way, by these beings, fire elementals.

Now, these things are not understood in your world. Your scientists do not pay any attention, do not give any thought to these things outside of saying or thinking that this is imaginary and superstitious belief. It is all right if people want to think this way, then they will not learn anything because they think they already know the answer--like the man speaking of the rocks being moved by the wind, like the people, many people who had not witnessed the space beings coming to your earth, imagined all kinds of foolish and highly unintelligent things regarding what these space-beings were.

AUDIENCE: Do you think the hierarchy of our

government really knows that they exist and are not admitting it, Yada?

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No, I do not. Some of the men in your government, of course, especially service people, head service people, they know that the phenomena of the flying people from outer space [exist], yes, they know, but they do not know what they are.

AUDIENCE: Do you recall that when we were in San Francisco, Mr. Layne contacted Mark and wanted to know why this individual who belonged to President Eisenhower's group that had gone down to Palm Springs, a group of them went over to Murdoc Field and what they saw made some of them sick?

Yes, but I am of the opinion that this is just a story.

AUDIENCE: Then this didn't happen at all?

I do not think so, I do not think so.

AUDIENCE: Was the flying saucer over there at the field?

Yes, and in your Washington, your capital. These things flew over and over that city many times, witnessed by the top men of your government. But they still do not know what they are; they did not know their nature. Do you suppose for a moment that if they did--and the stories of some people who claim they have gone to the moon or to other planets in these flying saucers are true--that your government would leave these people free? No. Your government would lock them up. If they were left to move around at all they would have a constant guard over them, if they had any real information of use. Your scientists, your top men in physics, in chemistry, would need these people. They could not afford to let them go. Some other nation might steal them, kidnap them. But, you see, what these people say may be true; if the leaders of your government believed this, they would not be

these laws, what these laws are, what they are made up of. Now, until I know this....

Let us take an instance of what I mean. Man believes in the law of matter, that matter is a rigid thing. He believes his body is himself. That he cannot do something called project. When I speak of man I mean the majority of humankind. They know nothing of these things. They believe that when I say I am here, this is a law that I cannot instantly change and be some other where. But when I know what I am, I can be in any instant anywhere I so desire. So, in their eyes I am breaking a law.

AUDIENCE: And they think you are performing a supernatural thing.

This is right. This is called supernatural. Not only can I project but I do something else that is even more super super--take the body with me! Do not project. Why project? Take the body with you. You want to go a great distance from here? The beginner learns how to manipulate, not matter, but his mind, in the practice of projecting. Many of them are stuck on that plane, cannot go any further. Where am I going to project, even, say, a psychic self? Where is better than here? What am I going to do, moving around in another dimension? Is it another dimension? or is it not a state of mind, the same as right here, the difference being in concept, or awareness-state. Now, what am I going to do? Am I going to become an astral Peeping Tom? Is that what I want to do with astral projection? Am I going to intrude upon the private life of my fellowman?

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AUDIENCE: These are all solar beings, and all solar activity, wouldn't you say so? 9

Now, in ancient times various civilizations of man have been sun worshipers and they all have created fire beings in their ritual practices, calling on the sun and the energies of the sun. Oh yes, they have made living beings out of these energies, intelligences. And they used them in various ways in their occult rituals and things like this. Both the black and the white magician have used these fire beings. Also water beings. Sometimes they are called elementals, without the speaker knowing what is meant by that. We are of the human variety of elementals when we allow ourselves to act in insane ways. Pardon me, I must withdraw for a moment. [Yada withdraws]

To pick up on the subject you were discussing on the difference between day and night. A very interesting phenomena takes place in the mind. A change of attitude. Few of us are the same people in the night as we are in the day.

To go back for a moment to the subject of meditation, I want to make a somewhat concrete statement right now about it, and I feel this....that in the beginning of the student's attempts to meditate he should do it solely for the purpose of relaxation and to get away from the external noises that destroy or tend to destroy the nervous system in the world of confusion that he lives in. What is called the business world. Meditation is a therapy that he should practice for his upset nervous system.

AUDIENCE: When you stop charging the nervous system by bombardment and get quiet, then you have a chance to recharge.

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YADA

"Are there any benefits from war?" asked John.

"Yes -- change, growth, the will of the masses to try to understand their fellowman. A war is never something that happens as a purely senseless thing. They have their place in the harmony of life, strange as that may seem. The idea of a war being something purely useless is not true. If man is to attain wisdom, it must be by striving -- and war is strife. The very elements are indeed in strife with one another. I do not wish to seem to be advocating this mass murder, because I do not; but who am I to uphold or to put down that which I have come to believe is not without benefit?"

"Is there any way of preventing suffering?" asked Dr. Cruikshank.

"No; it lies only in the physical body, because it is going through a change, and almost all chemical change is of a violent nature and is felt through the stresses that the mind has set up."

"Is there suffering on your side?"

"It is likely that if a person comes over with a physical belief in pain it may remain with him for some time on this side."

"I would like to ask a question in regard to fire immunity -- in particular I wished to ask whether in cases where fires seem to break out spontaneously in the presence of some people, are they caused by what the Theosophists call 'fire elementals' being present," asked Meade.

S.H.C.
"This spontaneous appearance of fire breaking out in the presence of certain persons -- I am giving you of course my own personal opinion and what I have been able to find out through many, many years, many more than you would like to remember yourself -- the very worlds came into being by spontaneous generation, spontaneous action, through the subjective mind attempting to, and successfully externalizing itself. So it is not to be wondered at that today you have people who have the ability to bring about spontaneous chemical action that creates fire. You would find, if these people were helped a little bit, if they were understood and trained a bit, that they have control over the elements in general. But instead of that, almost all civilizations have either worshipped these individuals by making them oracles, or -- to use an American expression -- 'spanked the tar out of them.' Doesn't it seem to you that if some person can produce what you call another living person through materialization, he can also create fire, wind, storms, and what not?"

"Can you give us any idea of what happens when there is a spontaneous outbreak of fire? It doesn't help us to be told that it is possible from a philosophic standpoint," remarked Meade.

"Certainly not. I shall try to explain it, but I do not know whether I shall succeed, with the words we have to use. Because there is a psycho-chemical activity going on, and perhaps the person does not consciously realize what is going on -- usually not. But the mind of that person is desirous of expressing itself in its own way, and that way may be the fire way, or it may be the water way, or the wind way. So he calls upon the natural elements in the ether; and most of this activity does not come through the astral world, but through the lower etheric, through which all matter manifests itself in the chemical world."

"Does he have the co-operation of a disembodied spirit?" asked Meade.

"No, very rarely does that one have the aid of a spirit being, and then only because the one on the physical plane and the one on the astral have the same desire, -- and he must have had a similar ability in his earth life. Then they can cause quite a lot of trouble together. But it does not originate on the astral plane; the lower etheric plane is the stepping-off place into the physical-chemical world. It is where -- as we have tried to explain -- your 'flying discs' come from." 11

"Then there are no 'elementals' concerned in these spontaneous fires?"

"Well, these elementals, you see, are created by (mind) and while the mind of the individual that seems to be involved in it may not at all be involved in it, there are many people on earth and many ways of thinking -- and many of these ways of thinking may step down into the field of 'black magic' and it may well be that someone wishes harm to another, and it may end in the producing of a fire."

"When fires break out in the presence of a four-year-old child, is it subconscious activity?"

"It can be that, but also the child can be used as a tool by an adult who wishes to allay suspicion and who can work better through the youthful vibrations of the child. It is essentially a piece of magic on the lower etheric plane. Much of these conditions are brought about to create trouble, and they do a very splendid job."

"We have cases too of fiery disintegration of the human body. The body is left charred and blackened," remarked Meade.

"Yes, we have known of many such cases where the ground, even the grass under the body has not even been singed, but the body was charred beyond recognition."

"Perhaps this could happen in a case of psychic attack."

"Yes, very definitely so, but to explain it so that it can be understood -- hmb -- it is not always easy to explain another man's ability to produce 'black magic', because those who do can only produce their own kind. A thing dwelt upon with great concentrated power can be brought about. You can bring upon yourself attack of all kinds, both of fire and water, and other kinds which I would rather not mention. How little in your present day are you taught the powers of mind!"

"Do you think that 'horror movies' and radio programs have a bad effect on the impressionable minds of children?" asked Harriet.

"That depends upon the attitude of the parents to the child. If the child is taught to use its mind in proper thinking and is given a proper outlook on life, no amount of outer stimulation in that direction will do more than enlighten that child the more, rather than bringing it to a degraded state of mind."

"Apparently the parents are not often able to do that," said Dr. Cruikshank.

"Isn't a fear complex at the bottom of most crime?" asked Mr. Rimmer.